

# Seven Hills Ju Jitsu Academy

Hi,

Welcome to the latest Seven Hills newsletter.

It has certainly been a hectic last few weeks for the club with the gradings at the end of June and Black belt gradings at the start of July. With the summer holidays just around the corner we hope you all have a chance to rest and recharge your batteries, but be ready to come back and train hard!



## Grading

Congratulations to all those that graded on 26 June, there were some great marks yet again! However, no resting on those laurels, keep working hard and let's keep our standards high. The next grading is **on Sunday 25th September** at Clifford School and the Pre-grade is on **Saturday 10th September** also at Clifford School.



We also want to shout out a massive WELL DONE to all our new 'Little Dragons' who were all brilliant on their first grading. Hanshi Elliott has told us that he had so much fun grading the little ones he's really looking forward to the next grading.

## Dan Gradings

Special congratulations go to the club's new Dan grades who all passed with terrific marks.

Jane, Rick and Richard were promoted to Shodan, Sensei Jack promoted to Nidan and Sensei Brian promoted to Yondan. We are all very proud!



## Kata and Courses

We would like to take this opportunity to remind everyone that before you can be put forward to do your Black Belt you must have attended 4 BAI approved courses and passed four kata gradings.

We have had recently issues throughout the federation (though not yet in our area) with students eligible to take their Black Belt in terms of training, but not having the required number of courses.

All we can do as coaches is remind you that this is a requirement. You, as students need to commit to attend these courses. There are courses available throughout the year and we are quite lucky that we hold at least one Seven Hills/Yorkshire Area course per year.

We at Seven Hills insist that you have 2 courses and 2 kata gradings by the time you are ready to take your Blue belt. This is to help you. Please take advantage of the tools that are given to you to avoid disappointment later.

The BAI also host at least one seminar each year and there are always lots of regional events happening throughout the year, so there is no excuse not to be able to fit those courses in.

## Bushido Academies International 40th Anniversary Seminar

This year the BAI celebrates its 40<sup>th</sup> Anniversary. To mark this milestone we have organised a Seminar on Sunday 9<sup>th</sup> October in Lincoln, cost £20 per student. The seminar starts at 11am, will last until 2.00pm and will be headed by Hanshi Stefano Mancini from Italy. There will also be a number of other senior instructors teaching, covering many different styles so it should be an excellent course.

We are looking to take a large following from Seven Hills and are urging all students to attend, please let your instructor know as soon as possible if you are able to attend.

## Rainbow Forge classes over the summer

Unfortunately, due to essential maintenance of the school we have just been informed that the hall at Rainbow Forge will not be available to us from 1<sup>st</sup> August until the first week in September. We are urgently looking for a replacement venue to allow us to continue running classes over the summer but at the moment have been unsuccessful. We will keep you up to date as soon as we know more but at the moment classes may have to be cancelled.

This is far from ideal but is completely out of our control. Classes will still be available at Clifford school for those students who wish to take advantage. However, please see below for dates that Clifford will be closed.



### Cancelled Classes – Clifford School

13<sup>th</sup> August, 27<sup>th</sup> August

29<sup>th</sup> August, 3<sup>rd</sup> September

**Good luck and train hard**

**Renshi John, Shihan Mike & Sensei Leila**

[www.sevenhillsjujitsu.com](http://www.sevenhillsjujitsu.com)