

Seven Hills Ju Jitsu Academy

Hi,

Welcome to the latest Seven Hills newsletter.

We've certainly had some hectic times over the last few weeks with the Gradings in early September, our demo team performing at the BAI presentation night in Alfreton and the first BAI Kata Competition last Sunday hosted by ourselves. There is no sign of things easing up either with the next gradings approaching fast and our own presentation evening at the end of November.



Grading

Congratulations to all those that graded on 12 September, there were some excellent marks again! It makes us extremely proud of your achievements, but there's no time to rest as we need to keep working hard. The next grading is **on Saturday 5 December** at Rainbow Forge School. Pre-grade is on **Saturday 21** November at Clifford School.



Yorkshire Area Grading 12/9/15
with Area Rep & Club instructor Renshi John Hallam (back left) Club Instructor
Shihan Mike Reay (back right)
Grading Instructor & B.A.I Founder Hanshi Steve A Elliott (far back right)

Seven Hills Demo Team

The Seven Hills demo team turned out again in force for the BAI presentation evening in Alfreton. Well done to Jack, George, Finn, Alice, Mattie and Alex, you did us proud, especially as we only had a couple of practice sessions to pull everything together. You all deserve a massive pat on the back.



BAI Kata Competition

Seven Hills Ju Jitsu Academy hosted the first Bushido Academies International Kata Competition at Rainbow Forge School on Sunday 11 October. Thanks to everyone from the club who helped make this a fantastic day!

Well done to everyone who took part on the day, it took a lot of courage to get up there in front of the judges!

Everyone performed extremely well and we are proud of Luke Tupper, Mattie Reay, Izzy Urbanski, George Wood, Sensei Ruth Tupper, Sensei Jack Hallam and Sensei Gareth Sarjeant for volunteering.

A special mention should go to George who came first in the 13 - 15 years Section and Izzy who came second. Sensei Jack came second in the Seniors Blue – Black and Sensei Gareth who came second in the kobudo



Seven Hills Presentation evening

We will be holding our annual presentation evening on **Saturday 28 November** at **Laycocks Sport & Social Club on Archer road.**

Last year's event was amazing and we hope that this one will be even better.

Tickets are £6 and include presentations, demonstrations and a buffet. **Kick off 7.30pm.** Please put it in your diaries, we would love everyone to come and support the club, so bring your friends and family, you never know, you or your child could have won a trophy!



IMPORTANT DATES

Cancelled Classes

- Saturday 24th October - **CLIFFORD**
- Monday 26th October - **CLIFFORD**
- Saturday 21st November - **CLIFFORD** [Pregrade]
- Sunday 22nd November - **CLIFFORD**
- Saturday 5th December - **RAINBOW** [Grading]
- Sunday 13th December – **CLIFFORD**

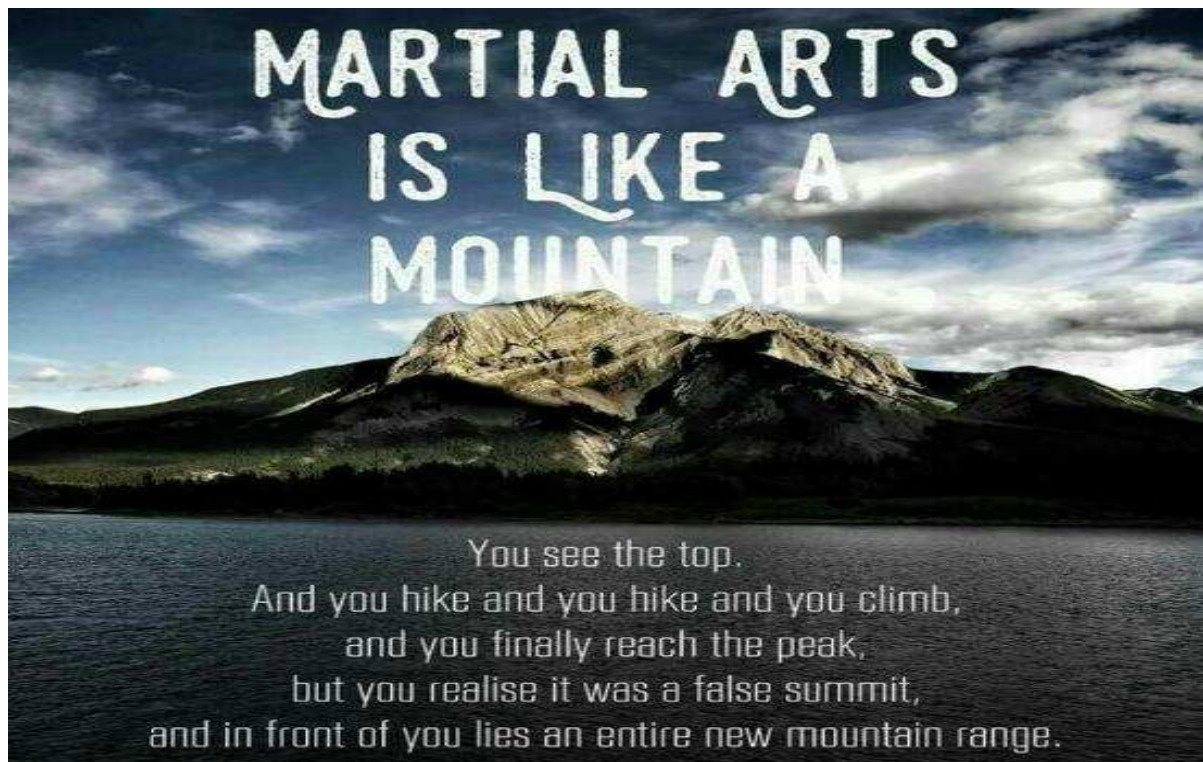


Presentation Evening

- Saturday 28th November - **LAYCOCKS SPORTS CLUB**

Dates for Christmas and the New Year will be emailed as soon as we know exactly what is happening, so please keep checking your emails.

Just want to wish everyone good luck over the next few weeks in terms of preparing for December's grading.



GOOD LUCK AND TRAIN HARD

Renshi John, Shihan Mike & the entire coaching staff